OBESITY SUMMIT

Program at a Glance

14 – 15 December 2026 · Virtual Conference · Times in GST (UTC+4), with EST (UTC−5) below

Day 1 Monday, 14 December

16:00–16:05 07:00–07:05 EST	OPENING REMARKS	Welcome and Program Overview
16:05–16:55 07:05–07:55 EST	PLENARY 1	Global & Regional Obesity Burden: Numbers that Demand Action
16:55–17:25 07:55–08:25 EST		Industry Symposium
17:25–18:05 08:25–09:05 EST	SCIENTIFIC SESSION	Evolution of Obesity Guidelines: From Weight-Centric to Complication-Centric Care
18:05–18:35 09:05–09:35 EST		Industry Symposium
18:35–19:05 09:35–10:05 EST	SCIENTIFIC SESSION	Emerging Therapies and Molecular Targets: Beyond GLP-1RA Monotherapy
19:05–19:35 10:05–10:35 EST		Industry Symposium
19:35–19:40 10:35–10:40 EST	WELCOME BACK	Session Introduction
19:40–20:10 10:40–11:10 EST	SCIENTIFIC SESSION II	Interprofessional Care and the Obesity Care Pathway
20:10–20:40 11:10–11:40 EST	SCIENTIFIC SESSION II	Clinical Practice Pearls: Balancing Personalized and Guideline-Based Care
20:40–21:10 11:40–12:10 EST	EXPERT PANEL	Panel Discussion: Q&A
21:10–21:15 12:10–12:15 EST	CLOSING	Closing Remarks and Key Takeaways

Day 2 Tuesday, 15 December

16:00–16:10 07:00–07:10 EST	WELCOME	Session Introduction and Day 1 Recap
16:10–16:40 07:10–07:40 EST	PLENARY SESSION I	Health Gains Over Weight Loss
16:40–17:10 07:40–08:10 EST		Industry Symposium
17:10–17:40 08:10–08:40 EST	PLENARY SESSION II	Bariatric/Metabolic Surgery, Endoscopic Procedures and Devices for Obesity Management: Positioning in the Modern Therapeutic Algorithm
17:40–18:10 08:40–09:10 EST		Industry Symposium
18:10–18:40 09:10–09:40 EST	SCIENTIFIC SESSION I	Nutrition and Physical Activity in Active Obesity Care: Practical Prescriptions
18:40–19:10 09:40–10:10 EST	SCIENTIFIC SESSION II	Future of Obesity Care: Opportunities, Challenges and Uncertainties
19:10–19:30 10:10–10:30 EST	EXPERT Q&A	Expert Panel Discussion
19:30–19:45 10:30–10:45 EST	CLOSING	Closing Remarks

SESSION KEY

- Plenary
- Industry symposium
- Welcome & closing
- Scientific session
- Expert panel

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